

## AMHERST Massachusetts

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## TOWN OF AMHERST

## PRESS RELEASE

## SUSPECTED SWINE FLU AT AMHERST COLLEGE BEING TESTED BY CDC

April 30, 2009 -9:00 PM

A number of students at Amherst College have been tested for influenza after demonstrating the symptoms associated with the disease. Two of the test results have been further tested by the Massachusetts Department of Public Health (MDPH). Those samples have been sent to the Centers for Disease Control (CDC) for definitive testing for swine flu. The Town of Amherst has been advised by MDPH that the CDC test results are expected by Saturday, May 2, 2009.

Epi Bodhi, Director of Public Health cautioned, "This development is cause for concern, but not for alarm. Not all flu symptoms are the result of swine flu. However, I would recommend that precautions be taken."

Those precautions are as follows:

- Avoid hugging, holding, kissing or shaking hands with anyone who has a cold or the flu.
- Wash your hands often with soap and warm water or use an alcohol based hand sanitizer.
- Avoid touching your nose, mouth or eyes.
- Clean items that are touched often such as telephones and door handles.
- If you get sick, stay home and avoid contact with others.
- Severe symptoms should prompt you to contact your health care provider.
- Cover your mouth and nose with a tissue when sneezing or coughing.

For information, please see the Fact Sheet on the Town of Amherst web site <a href="www.amherstma.gov">www.amherstma.gov</a> or Massachusetts Department of Public Health (MDPH) web site at <a href="www.mass.gov/dph/flu">www.mass.gov/dph/flu</a> or the Centers for Disease Control (CDC) web site at <a href="www.cdc.gov/swineflu">www.cdc.gov/swineflu</a>. Further, general information on this topic may be obtained by calling the Massachusetts Emergency Management Agency (MEMA) at 211.

Questions about this Press Release may be answered by:

Epi Bodhi, Director, Public Health, Town of Amherst – 413-348-5107 Michael Zlogar, Assistant Fire Chief/Emergency Management Director – 413-530-3796